

EMDR THERAPY BASIC TRAINING

WEEKEND 2 TRAINING, EMDR INSTITUTE INC.

EMDR Weekend 2 :

02 - 04 November 2026 | 8.30am - 5.30pm

Fees: SGD 1600

(includes 2 tea breaks)

Venue : Carlton Hotel

76 Bras Basah Road, Singapore 189558

Enquiries: registrar@emdr.sg

To Register: <https://tinyurl.com/W2Nov26PT>

Training is scheduled to be held on-site. Participants will be expected to attend the training venue for the full training where facilitators will conduct live demonstrations and provide supervised practice for the practicum component. Fees apply for this run, and may be subject to changes for each future run due to unforeseen circumstances.

Weekend 2 registrants must have previously attended an approved EMDR Therapy Basic Training (Weekend 1) inclusive of 5 hours of consultation. All documentation to be submitted via the registration link. Kindly refer to the link for more information on approved training: www.emdr.sg/approved-emdr-training/

Shortlisted registrants will be contacted for a confirmation of place. Registration is confirmed upon payment. Please note that there is no refund of payment for withdrawal from training unless it is cancelled if minimum class size is not attained.



About the trainer:

Dr Parul Tank is a consultant psychiatrist and therapist working in Mumbai with 23 years of experience. She is attached to Fortis hospital and Asian heart institute in Mumbai and has her own private practice, Nimai Healthcare, wherein she works in a multidisciplinary team.

Parul is the President for EMDR India and secretary of EMDR Asia. She is a trainer of trainers/consultants and is one of the founding members of the accredited training team for EMDR Asia. She has been the lead trainer for EMDR in India and has been invited to Sri Lanka, Bangladesh, Nepal, China, Philippines over the past 12 years. She has been the senior trainer and supervisor for Basic Training and has recently done many orientation trainings for participants and facilitators to update them about the changes in the new EMDR Manual.

Parul obtained her diploma and degrees in Psychiatry from KEM Hospital Mumbai (Gold medal) and MRCPsych(UK). She practised as a consultant adult psychiatrist and deaddiction liaison specialist in UK for 8 years before settling in India.