

EMDR Introduction to Dissociation

by EMDR INSTITUTE, INC



ABOUT THE TRAINER

Sigmund Burzynski is a senior trainer with EMDR Institute and is in private psychological practice in Geelong, Australia. He has an extensive clinical background and has worked as the resident psychologist at a maximum security prison for six years. He undertook his Weekend 1 training with Francine Shapiro in 1992 and subsequently completed his Weekend 2 training with her in 1993. Since then, he has trained extensively in Australia, New Zealand, and Asia.

TRAINING DETAILS

✓ 19-20 March 2026

✓ 8.30am - 5.30pm

✓ Day 1: \$450
Day 1 & 2: \$800

✓ Hotel Novotel @
Kitchener Road

Day 1 is open to sector professionals and provides a foundational understanding of dissociation and its clinical management.

Day 1 Segments:

- Recognising Dissociation
- Fraser's Table I (with demonstration or video)
- EMDR and Trauma-Related Dissociation
- Memory Processing Demonstration or video with Emotional Parts

Day 2 is for those who have completed EMDR Singapore-approved Basic Training. It focuses on advanced strategies for treating highly dissociative clients and is recommended for experienced practitioners seeking further training in this area. Completion of Day 1 is required before attending Day 2.

Day 2 is a hands-on practicum. Trainees must be prepared to take on both clinician and client roles. As clinicians, they will apply lecture and video content—including Fraser's Table—and reprocess a memory with Emotional Parts. As clients, they must be willing to engage with their own Emotional Parts during practice.

Day 2 Segments:

- Experiential training focused on working with and experiencing Emotional Parts. (See full details at EMDRhub.com.au)

REGISTER AT
bit.ly/19-20Mar26DissociationSB

CONTACT US
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