

TRAINING DATES 2025



ORIENTATION TRAINING

Receive training on the newly updated Weekend 1 and Weekend 2 EMDR Institute Manuals. Strongly encouraged for those who completed their basic training before 2023.

18 Feb
2025

19-21 Feb
2025

WEEKEND 1 BASIC TRAINING

Take your first step towards becoming an EMDR Basic Trained Clinician! You will learn the standard protocol based on EMDR Institute's manuals, as this is an approved Basic Training by EMDR Institute.

STRUCTURAL DISSOCIATION

Designed to help experienced clinicians understand appropriate EMDR therapy adaptations when working with personality and complex trauma related disorders, this 2-day training is primarily lecture-based.

15-16 Mar
2025

15-20 Mar
2025

ART AND DANCE OF EMDR

This is a 5.5-day Masterclass training consisting of 2 days of Structural Dissociation followed by 3.5 days of Advanced Practica, which includes demonstration and practice components.

TRAINING DATES 2025



GRIEF AND LOSS

This workshop will discuss grief and loss, the processes one has to go through for adaptive assimilation and accommodation of the loss, and how EMDR therapy can be integrated into an overall treatment plan.

21 Mar
2025

2-4 Oct
2025

WEEKEND 1 BASIC TRAINING

Take your first step towards becoming an EMDR Basic Trained Clinician! You will learn the standard protocol based on EMDR Institute's manuals, as this is an approved Basic Training by EMDR Institute.

ANGER MANAGEMENT

This one day training is for professionals whose clients have anger and aggression issues. The training includes strategies for those with only minor anger issues to those whose whole life seems to be completely engulfed in anger and aggression.

6 Oct
2025

7-9 Oct
2025

WEEKEND 2 BASIC TRAINING

To take Weekend 2, participants must have completed Part 1 (Weekend 1 training and 5 hours of EMDR specific consultation/supervision). The training will go over more advanced applications of EMDR.