

ORIENTATION TRAINING

NEWLY UPDATED

WEEKEND 1 & 2 EMDR INSTITUTE MANUALS



EYE MOVEMENT
DESENSITISATION
& REPROCESSING

The EMDR institute USA, founded by Francine Shapiro, has provided updated versions of the EMDR manuals with new material and additional protocols that includes:

- An informational plateau of Connection/Belonging to address issues of aloneness, social rejection and discrimination.
- Updates to cognitive interweaves, stabilisation, future templates, case conceptualisation for increased clarity and application in therapy.
- Treatment Planning/Clinical Choices for Past, Present or Future targets for addiction and depression.

This training will be essential for effective current practice of EMDR therapy.

FORMAT OF TRAINING

Morning Programme: Theory and practice of Weekend 1

Afternoon Programme: Theory and practice of Weekend 2

The training fulfil EMDR Institute requirements and is based on EMDR Institute approved manuals.



About the trainer:

Dr Parul Tank is a consultant psychiatrist and therapist working in Mumbai with 23 years of experience. She is attached to Fortis hospital and Asian heart institute in Mumbai and has her own private practice, Nimai Healthcare, wherein she works in a multidisciplinary team.

Parul is the President for EMDR India and secretary of EMDR Asia. She is a trainer of trainers/consultants and is one of the founding members of the accredited training team for EMDR Asia. She has been the lead trainer for EMDR in India and has been invited to Sri Lanka, Bangladesh, Nepal, China, Philippines over the past 12 years. She has been the senior trainer and supervisor for Basic Training and has recently done many orientation trainings for participants and facilitators to update them about the changes in the new EMDR Manual.

Parul obtained her diploma and degrees in Psychiatry from KEM Hospital Mumbai (Gold medal) and MRCPsych(UK). She practised as a consultant adult psychiatrist and deaddiction liaison specialist in UK for 8 years before settling in India.

EMDR THERAPY ORIENTATION TRAINING

Applicants must have completed approved EMDR Weekend 1 or 2 trainings approved by EMDR Singapore. Applicants who have only attended W1 training may attend the morning segment for W1 only.

Applicants who have completed W1 or 2 trainings prior to 2022 will be given priority. Applicants who have completed Weekend 1 or 2 trainings from 2022 onwards are encouraged to attend the trainings as there were still more updates that were made to the manuals in 2022 and 2023.

18 February 2025
Singapore Shopping Centre

COST

SGD 600 for Whole Day Programmme

Weekend 1 and 2 (8.30am - 5.30pm)

SGD 300 for Morning Programme

Weekend 1 (8.30am - 12.30pm)

Includes EMDR Institute Manuals
and tea breaks

Eligible registrants will be contacted. Registration is confirmed upon payment. Please note that there is no refund of payment for withdrawal from training, unless it is cancelled if minimum class size is not attained.

Closing Date: 01 December 2024

(or earlier when full capacity is reached)

Register: <https://bit.ly/2025OTPT>

Enquiries: registrar@emdr.sg

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SINGAPORE