

EMDR SINGAPORE PRESENTS



EYE MOVEMENT
DESENSITISATION &
REPROCESSING THERAPY

THE ART & DANCE OF EMDR

Masterclass with Dr Roger Solomon, Ph.D.

This is a 5-day Masterclass with a special focus on EMDR with complex trauma for clinicians who have completed the Two-Part 50-hour EMDR Basic Training.

Day 1-2 : Structural Dissociation: Theory and Clinical Applications (Online)

Day 3-5 : Advanced Practica (On-site with local facilitators; Online with Dr Roger)

Live demonstration and practice of how the Theory of Structural Dissociation of the Personality Model and Attachment Theory can be concretely applied within the EMDR Adaptive Information Processing (AIP) model for case conceptualisation, preparation and memory processing.

OBJECTIVES

Participants will expand and integrate their knowledge and skills in applying the “art” of EMDR in the Standard Protocol, especially in the following areas:

- Preparation Phase strategies to prepare for the complexities of treating trauma (e.g. Fraser’s Dissociative Table technique)
- The dance of attunement during bilateral stimulation
- Knowing when to interweave vs. staying out of the way
- Reading the signs of reprocessing
- Working with phobia of affect/traumatic material
- Knowing what to do when processing does not move along as expected.

This experiential workshop involves practicing with each other, enabling the clinician to learn the therapeutic model and integrate new skills from the “inside out”, which helps internalise and maximise learning. Many clinicians come to this workshop to do some personal work and undergo their own EMDR therapy processing. Therefore, confidentiality is of utmost importance.

Recommended Pre-Course Reading

Onno van der Hart, Ellert Nijenhuis, & Kathy Steele. (2006). *The Haunted Self: Structural Dissociation of the Personality and Treatment of Chronic Traumatization*. New York: Norton

THE ART & DANCE OF EMDR

MASTERCLASS WITH DR ROGER SOLOMON, PH.D.

26 -27 Feb 2021 : Day 1-2 Structural Dissociation (Online)

1-3 Mar 2021 : Day 3-5 Advanced Practica (On-site)

Time : 830am - 430pm

Venue for Advanced Practica : to be announced at a later date

Cost : SGD 1200/ 1400 (member/ non-member) by 15 Jan 2021, Early Bird
SGD 1300/ 1500 (member/ non-member) by 3 Feb 2021, Closing Date

Registration: bit.ly/emdrsgrogertrainings

Enquiries : secretary.emdr.sg@gmail.com

Please attach a soft copy of your Certificate of Completion of an approved 2-Part EMDR Basic Training when registering. Please ensure that you are able to attend the Advanced Practica (on-site). Shortlisted registrants will be contacted for confirmation of a place in the Masterclass. Registration is confirmed upon receiving payment. Please note that there is no refund of payment for withdrawal from training.

Due to safe distancing measures, there are limited places available. Priority will be given to those who have completed an approved 2-Part EMDR Basic Training and have never attended any Masterclass before.



About the trainer :

Dr. Roger Solomon is a psychologist specializing in the areas of trauma and grief. He has been Senior Faculty with the EMDR Institute since 1993 and teaches EMDR internationally. He is a consultant with the US Senate, providing direct services (including EMDR) through the in-house Senate Employee Assistance Program. Dr. Solomon has provided consultation and direct services to law enforcement agencies, including the FBI, Secret Service, and Polizia di Stato in Italy, and has worked extensively with families of police officers killed in the line of duty. Dr. Solomon has extensively collaborated with Onno van der Hart (Senior author of "The Haunted Self"), and is part of an international team that has written articles on utilization of EMDR therapy with complex trauma. He is a visiting professor with Salesiana University in Rome, Italy and is a consultant with psychology programs for La Sapienza (University of Rome) in Rome. He has authored or coauthored 45 articles and book chapters pertaining to EMDR therapy, grief, complex trauma, acute trauma and law enforcement stress.

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