

# EMDR SINGAPORE PRESENTS



EYE MOVEMENT  
DESENSITISATION &  
REPROCESSING THERAPY

## **STRUCTURAL DISSOCIATION : THEORY & CLINICAL APPLICATIONS**

**By Dr Roger Solomon, Ph.D. (Online)**

*"I sometimes have the feeling that I'm observing myself from outside my body."*

Giving blank stare or "spacing out" during a conversation, looking past you, or not giving attention. These are some examples of dissociation.

There is currently consensus that the EMDR standard protocol needs modification for clients diagnosed with a combination of personality and complex trauma related disorders, which is the consequence of a history of chronic abuse and failure of attachment. This two-day seminar is designed to help experienced clinicians apply appropriate EMDR therapy adaptations when working with these clients because of the strong potential for destabilisation. Participants will be taught the dissociative nature of these disorders and how to treat them within the framework of EMDR. They will gain a solid understanding of the structure of the dissociative personality: the dissociative parts, their strengths deficits and their interrelationships.

### **LEARNING OBJECTIVES**

Through lecture, video presentations of client sessions (warning: videos have strong emotional content typical of clients with complex trauma), participants will:

- Learn the theory and history of structural dissociation of the personality
- Apply phase oriented therapy to complex trauma related disorders
- Understand how the personality can split into parts when there are chronic conditions of abuse or neglect
- Identify how the Adaptive Information Processing Model (AIP), which guides EMDR therapy, is compatible with TSDP
- Learn modifications of the standard EMDR protocol appropriate for complex trauma
- Understand how to help keep the client within their window of tolerance.

### **SEMINAR OUTLINE**

Participants will be taught the essential preparatory work needed before integrating and reprocessing traumatic memories using the framework of phase-oriented treatment and the theory of structural dissociation of the personality (TSDP). Phase-oriented treatment has its origins in the pioneering work of Pierre Janet's psychology of action and advanced by psychologists Onno van der Hart, Ph.D., Ellert Nijenhuis, Ph.D. and Kathy Steele (2006). There are three phases in treatment: (1) stabilisation and symptom reduction; (2) treatment of traumatic memories; and (3) personality (re)integration and rehabilitation. Its application takes the form of a spiral, in which the different treatment phases can be alternated according to the needs of the client with the overall treatment goal to help clients gradually strengthen the personality structure allowing for the system to operate optimally. Within this context, the workshop will address dealing with blocked EMDR processing, use of cognitive interweaves, time orientation of parts, and "dissociative table" to facilitate co-consciousness and titrate emotional intensity.

# STRUCTURAL DISSOCIATION : THEORY & APPLICATIONS (ONLINE)

BY DR ROGER SOLOMON, PH.D.

26 - 27 Feb 2021

Time : 830am - 430pm

Cost : SGD 400/ 550 (member/ non-member) by 15 Jan 2021, Early Bird  
SGD 450/ 600 (member/ non-member) by 3 Feb 2021, Closing Date

Registration: [bit.ly/emdrsgrogertrainings](https://bit.ly/emdrsgrogertrainings)

Enquiries : [secretary.emdr.sg@gmail.com](mailto:secretary.emdr.sg@gmail.com)

Shortlisted registrants will be contacted for confirmation of a place. Registration is confirmed upon receiving payment. Please note that there is no refund of payment for withdrawal from training.

## Eligibility Criteria:

- EMDR practitioners
- Non-EMDR trained helping professionals
- Mental health professionals in clinical and forensic settings
- Mental health and medical professionals working specifically with traumatised individuals
- Medical doctors in the uniformed services and community general practitioners
- School Counsellors
- Social workers in the community set-ups

This training is geared towards the EMDR practitioner. Participants who are not EMDR trained should preferably have psychology-relevant postgraduate qualifications and minimally two years of clinical work experience to get more out of this advanced training seminar.



## About the trainer :

Dr. Roger Solomon is a psychologist specializing in the areas of trauma and grief. He has been Senior Faculty with the EMDR Institute since 1993 and teaches EMDR internationally. He is a consultant with the US Senate, providing direct services (including EMDR) through the in-house Senate Employee Assistance Program. Dr. Solomon has provided consultation and direct services to law enforcement agencies, including the FBI, Secret Service, and Polizia di Stato in Italy, and has worked extensively with families of police officers killed in the line of duty. Dr. Solomon has extensively collaborated with Onno van der Hart (Senior author of "The Haunted Self"), and is part of an international team that has written articles on utilization of EMDR therapy with complex trauma. He is a visiting professor with Salesiana University in Rome, Italy and is a consultant with psychology programs for La Sapienza (University of Rome) in Rome. He has authored or coauthored 45 articles and book chapters pertaining to EMDR therapy, grief, complex trauma, acute trauma and law enforcement stress.

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