

EMDR SINGAPORE PRESENTS



EYE MOVEMENT
DESENSITISATION &
REPROCESSING THERAPY

UTILIZATION OF EMDR IN THE TREATMENT OF ATTACHMENT ISSUES (Online)

By Dr Roger Solomon, Ph.D.

Infants are wired to attach to the caregiver for safety. But if the caregiver is dangerous (i.e. an attachment trauma), then a split in the personality occurs, resulting in a disorganised attachment style as well as other consequences that need to be addressed in therapy: i) Multiplicity of non-integrated representations of self and others; ii) Metacognitive or mentalisation deficits (i.e. the hindrance to the ability to reflect on one's own and other people's mental states); iii) Relational dilemmas; and iv) Affect regulation difficulties.

LEARNING OBJECTIVES

- 1) For participants to be knowledgeable about attachment and psychological development.
- 2) For participants to understand the role of attachment in present day problems, including complex and chronic trauma-related disturbances and dissociation.
- 3) For participants to be knowledgeable about treatment strategies for treating attachment difficulties including the utilisation of EMDR.

SEMINAR OUTLINE

Through lecture, video presentations of client sessions and demonstrations, the following essential concepts in understanding attachment will be covered:

- Attachment styles and how they develop within the caregiver-child interactions
- Inner working models
- Intergenerational transmission of attachment patterns
- Mentalisation and modes of mentalisation
- Intersubjectivity
- Mirroring and attunement

This training will also provide the EMDR clinician with a clinical roadmap of relevant, attachment-related targets, both the obvious (e.g. caregiver's frightening behaviors) and the subtle (e.g. the seemingly inconsequential but very impactful situations of a parent's angry look, or where the attachment figure did not pay attention or was inconsistent in providing soothing when the child was in distress).

UTILIZATION OF EMDR IN THE TREATMENT OF ATTACHMENT ISSUES (ONLINE) BY DR ROGER SOLOMON, PH.D.

24 - 25 Feb 2021
Time : 830am - 430pm

Cost : SGD 400/ 550 (member/ non-member) by 15 Jan 2021, Early Bird
SGD 450/ 600 (member/ non-member) by 3 Feb 2021, Closing Date

Registration: bit.ly/emdrsgrogertrainings

Enquiries: secretary.emdr.sg@gmail.com

Shortlisted registrants will be contacted for confirmation of a place. Registration is confirmed upon receiving payment. Please note that there is no refund of payment for withdrawal from training.

Eligibility Criteria:

- EMDR practitioners
- Non-EMDR trained helping professionals
- Mental health professionals in clinical and forensic settings
- Mental health and medical professionals working specifically with traumatised individuals
- Medical doctors in the uniformed services and community general practitioners
- School Counsellors
- Social workers in the community set-ups

This training is geared towards the EMDR practitioner. Participants who are not EMDR trained should preferably have psychology-relevant postgraduate qualifications and minimally two years of clinical work experience to get more out of this advanced training seminar.



About the trainer :

Dr. Roger Solomon is a psychologist specializing in the areas of trauma and grief. He has been Senior Faculty with the EMDR Institute since 1993 and teaches EMDR internationally. He is a consultant with the US Senate, providing direct services (including EMDR) through the in-house Senate Employee Assistance Program. Dr. Solomon has provided consultation and direct services to law enforcement agencies, including the FBI, Secret Service, and Polizia di Stato in Italy, and has worked extensively with families of police officers killed in the line of duty. Dr. Solomon has extensively collaborated with Onno van der Hart (Senior author of "The Haunted Self"), and is part of an international team that has written articles on utilization of EMDR therapy with complex trauma. He is a visiting professor with Salesiana University in Rome, Italy and is a consultant with psychology programs for La Sapienza (University of Rome) in Rome. He has authored or coauthored 45 articles and book chapters pertaining to EMDR therapy, grief, complex trauma, acute trauma and law enforcement stress.

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